



Intelligence

# Omega-3 feed enrichment improves consumer acceptance of shrimp tails

Tuesday, 1 September 2009 By Alberto J.P. Nunes, Ph.D. and Otavio S. Castro, M.S.

# Krill oil-fed shrimp obtained the highest score for flavor



Consumers tend to prefer strong color in their cooked shrimp.

The sensory and qualitative attributes of food products influence consumers' willingness to buy and at times override the factor of price. Obviously, purchasing choices also result from the interaction of many other determinants, including packaging, branding, marketing strategies, and cultural and socioeconomic background.

Nowadays, intensive research continues to improve the shelf life, final characteristics and composition of animal products through feeding. For aquaculture species, enrichment of products with omega-3 fatty acids and color enhancement are typical objectives that affect product differentiation and related consumer purchasing choices.

The authors carried out a study to evaluate the effects of three dietary lipid sources on *Litopenaeus vannamei* tail composition and consumers' level of acceptance of the white shrimp product.

## Shrimp culture

Juvenile shrimp of  $11.4 \pm 2.0$  grams weight were reared for nine weeks in 500-L experimental clearwater tanks and fed one of four diets. The diets were similar in nutritive levels except their essential fatty acid (EFA) profiles, which varied as a result of the main oil sources used and their inclusion levels in the diets.

Two diets with fish oil and krill oil were formulated to meet the EFA requirements (Table 1). A diet containing soybean oil was underformulated for the highly unsaturated fatty acids (HUFAs) eicosapentaenoic acid and docosahexaenoic acid. Another diet was formulated to allow a higher inclusion of krill oil restricted only by a maximum final diet lipid level of 9.5 percent.

#### Nunes, Main lipid sources, Table 1

Chemical Composition	Fish Oil	Soybean Oil	Krill Oil	Krill Oil
Nutritional Levels				
Crude protein (g/kg, wet basis)	351.80	354.40	353.50	353.10
Crude fiber (g/kg, wet basis)	12.00	9.00	13.30	12.00
Ash (g/kg, wet basis)	93.70	89.50	91.00	82.30
Inclusion of Lipid Sources				
Fish oil (g/kg, wet basis)	266.00	0	0	0
Krill oil (g/kg, wet basis)	0	0	483.00	550.00
Soybean oil (g/kg, wet basis)	100.00	345.00	44.00	38.00
Cholesterol (g/kg, wet basis)	0	13.00	0	4.00
Soybean lecithin (g/kg, wet basis)	150.00	150.00	0	0
Marine oil:plant oil ratio	2.70	0	11.00	14.40
Nutrient Levels				
Total lipid content (g/kg, wet basis)	88.80	94.00	80.80	91.30
DHA (% total lipid content)	2.54	0.28	1.60	1.37
EPA (% total lipid content)	5.10	0.65	5.35	5.07
HUFAs (% total lipids)	7.64	0.93	6.94	6.44
LOA (% total lipids)	28.32	44.71	16.21	17.97
LNA (% total lipids)	3.40	4.91	1.52	2.03
EFAs (% total lipids)	39.36	50.54	24.68	26.44
Astaxanthin (ug/100 ul)	13.80	14.70	21.40	17.30

Table 1. Main lipid sources, inclusion levels and fatty acid composition of test diets.

DHA = Docosahexaenoic acid, EPA = Eicosapentaenoic acid

LOA = Linoleic acid, LNA = Linolenic acid

# **Sensory trial**

After harvest and initial processing, shell-on shrimp were defrosted, deheaded and rinsed in mineral water. In a stainless steel pan, groups of 65 shell-on tails of each dietary treatment were cooked for five minutes in boiling water with 3 grams per liter of table salt. After cooking, the shrimp were drained and stored.

Ten male and female testers were recruited to carry out the sensory trial. Prior to each evaluation, they were trained in tasting procedures and the best-worst scaling method described by Sara Jaeger and co-authors. To avoid biased responses on test variables, the shrimp were randomly identified, and the testers were instructed not to consider shrimp tail size or shape.

The sensory analysis consisted of four taste sets on shrimp color, texture and flavor.

#### **Results**

The sensory preferences were transformed into scores for each sample as well as participant. The positive choice "Most Liked" was attributed a value of +1. Negative "Least Liked" choices received -1 scores. When a sample was not chosen in the set, it received a score of zero. Each referee tasted each sample three times, so final scores from individual referees could range -3 to +3.

The sum of all values for each sample generated the final scores for shrimp color (Fig. 1), texture (Fig. 2) and flavor (Fig. 3). To determine if the differences in scores among the samples were statically significant, a non-parametric Mann-Whitney U test was carried out for each variable.

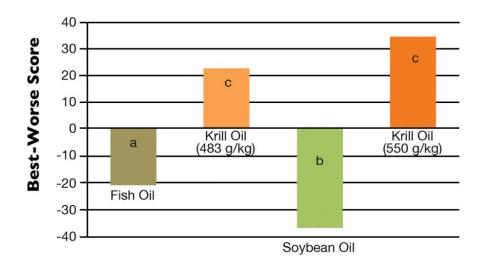


Fig. 1: Sensory trial scores for shrimp color. Different letters in bars denote significant (a = 0.05) difference.

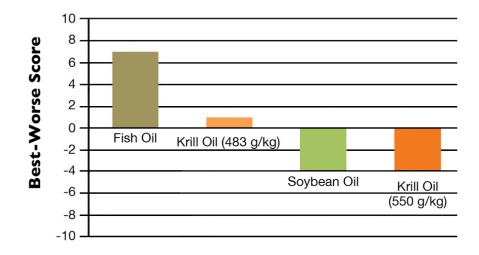


Fig. 2: Sensory trial scores for shrimp texture.

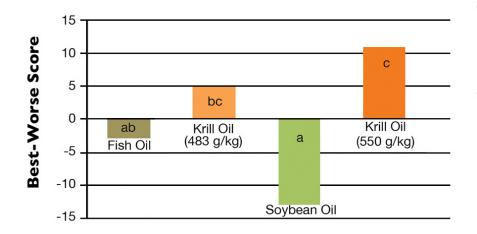


Fig. 3: Sensory trial scores for shrimp flavor. Different letters in bars denote significant (a = 0.05) difference.

#### Shrimp color, texture, flavor

With 65 percent of all positive choices, shrimp fed the diet with the greater krill oil content received the highest final score for shrimp color, followed by the other diet with krill oil. The diet with soybean oil was chosen as worst in color in 68 percent of all tastes.

Variations in shrimp texture preference were very slight, and no significant (P > 0.05) differences were found among the tasted shrimp. As the shrimp tails were shell-on, differences resulting from variations in shrimp body weight and/or molting stage could have influenced the scoring.

Shrimp fed the diet with greater krill oil obtained the highest score for shrimp flavor. The other krill diet had results not significantly different from the fish fed feed with fish oil. Despite this, shrimp fed the diet with fish oil were negatively chosen almost two-fold more often than the shrimp fed krill-supplemented feed. Shrimp fed the diet with soybean oil had the lowest flavor score and the highest percentage of negative choices, although it did not significantly differ from the diet with fish oil.

Shrimp tails from animals fed diets containing increased levels of HUFAs - those with added fish or krill oil - showed



Testers gave high scores on color and flavor for shrimp fed diets with krill oil. For texture, they preferred shrimp fed a diet with fish oil.

higher amounts of these fatty acids than shrimp fed the soy oil diet (Table 2).

# Nunes, Fatty acid profiles, Table 2

Fatty Acids	Profile (% total lipid content) Fish Oil	Profile (% total lipid content) Krill Oil (483 g/kg)	Profile (% total lipid content) Soybean Oil	Profile (% total lipid content) Krill Oil (550 g/kg)
Linoleic acid	14.93	11.10	26.94	11.53
Linolenic acid	0.63	0.54	1.30	0
Docosahexaenoic acid	5.34	4.22	3.53	5.66
Eicosapentaenoic acid	10.09	11.50	6.60	13.92

Table 2. Fatty acid profiles of shrimp tails.

*(Editor's Note: This article was originally published in the September/October 2009 print edition of the* Global Aquaculture Advocate.)

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